

# Cyberspace, Cyber Bullying and Sexting – What Can Young People Do?

## Cyberspace:

Use a nickname rather than your real name.

Think before posting pictures or messages, because family and friends can view them.

Set personal settings to private.

Never meet up with someone you have only met on-line.

Realize that everything posted is in full view of everyone – forever.

## Cyber Bullying:

Remember that cyber bullying is not okay and if you feel scared or threatened, tell your parent, an adult at school, or an adult friend.

Keep your password secret.

Be careful of what is posted, i.e., real names, address, phone number, pictures.

Practice compassion and kindness for others.

Reach out to someone else who is being bullied by telling an adult or by being a friend.

## Sexting:

It is against the law to create, distribute or possess an image of a minor in a sexually explicit act. A person can be prosecuted, convicted, serve up to 9 years in jail and have to register as a sex offender, regardless of age.

This includes taking a sexually explicit picture of yourself (creation), sending it to a friend (distribution) and the friend saving it (possession).

*Information from RUSAFE by the Texas Young Lawyers Association*