

RUSAFE? Protecting Yourself in Cyberspace Video Discussion - High School

1. Are you alone when you are on the internet?

No – millions of people are using it, including your parents, teachers, colleges and employers.

2. What is cyberbullying?

Using the internet to: embarrass, insult, threaten, intimidate and harass.

3. Why do people use cyberbullying?

They think people do not know who they are.

They think they can get away with it. Not true – some information/actions are illegal.

4. What are some things we should not do on the internet?

Do not: give out your password, pose for pictures, pass along hurtful messages (delete them) or post personal information/schedules of activities/ pictures with identifying information.

5. How would it make you feel, if someone sent a hurtful e-mail about you?

6. What should you do, if you receive cyberbullying e-mails about yourself or someone else?

Get help from your parent or teacher, keep the evidence, do not pass it along, and ignore future e-mails by not opening them.

7. Why should you not post personal information on the internet?

You are giving this information to complete strangers all over the world.

Once the information is on the internet, you cannot take it back.

Predators can use your information to trick you into interacting with him/her to do you harm.

8. What should you do, if someone on the internet asks to meet you in person?

Do not meet him/her. There is no reason to meet someone you have met on the internet.

Tell your parent or teacher.

9. What should you do, if you receive an e-mail that makes you feel uneasy, nervous, scared or grossed-out?

Tell an adult.

Save the evidence, in case legal action is taken against the person sending it.

Do not forward it, as it could be regarded as harassment and you could get into trouble.

10. What could happen, if you receive a sexting e-mail with a picture of a person who is underage and you forward it to someone else?

The picture would be regarded as child pornography and you could be tried as a sex offender.

