

## **RUSAFE? Protecting Yourself in Cyberspace Video Discussion - Middle School**

**1. Are you alone when you are on the internet?**

**No – millions of people are using it, including your parents, teachers, colleges and employers.**

**2. What is cyberbullying?**

**Using the internet to: embarrass, insult, threaten, intimidate and harass.**

**3. Why do people use cyberbullying?**

**They think people do not know who they are.**

**They think they can get away with it. Not true – some information/actions are illegal.**

**4. What are some things we should not do on the internet?**

**Do not: give out your password, pose for pictures, pass along hurtful messages (delete them) or post personal information/schedules of activities/ pictures with identifying information.**

**5. How would it make you feel, if someone sent a hurtful e-mail about you?**

**6. What should you do, if you receive cyberbullying e-mails about yourself or someone else?**

**Get help from your parent or teacher, keep the evidence, do not pass it along, and ignore future e-mails by not opening them.**

**7. Why should you not post personal information on the internet?**

**You are giving this information to complete strangers all over the world.**

**Once the information is on the internet, you cannot take it back.**

**Predators can use your information to trick you into interacting with him/her to do you harm.**

**8. What should you do, if someone on the internet asks to meet you in person?**

**Do not meet him/her. There is no reason to meet someone you have met on the internet.**

**Tell your parent or teacher.**

**9. What should you do, if you receive an e-mail that makes you feel uneasy, nervous, scared or grossed-out?**

**Tell an adult.**

**Save the evidence, in case legal action is taken against the person sending it.**

**Do not forward it, as it could be regarded as harassment and you could get into trouble.**

**10. What could happen, if you receive a sexting e-mail with a picture of a person who is underage and you forward it to someone else?**

**The picture would be regarded as child pornography and you could be tried as a sex offender.**

